

## Ballet Beyond Barriers: 6 Week Workshops



Social Narrative

Ballet Royale is excited for our 6 Week Workshops!

Classes will be held on Saturdays, from 4:15 – 5:15pm.





Classes will take place at **Ballet Royale** in Lakeville, Minnesota.

You will enter and exit the building from the parking lot using the front doors. Masks are not required during class.

Ballet Royale asks that all families choose what is most comfortable for them.





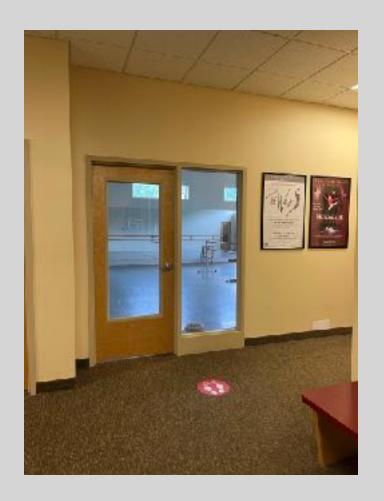
Restrooms are available for all dancers and family members.

Restrooms are located by the Water Fountain.

You can bring your own sensory items and toys or you can use Ballet Royale's sensory kits.

If you need to take a break, you can go to our sensory break area in the classroom.





Class will be held in Studio C.

Studio C is around the corner once you enter the building though the front doors. If you need help finding your class, you can ask.

Your teacher will let you know when it is time to enter the classroom.

Ms. Natalie will be your main teacher.





Once everyone is seated the instructor will start class. At the beginning of class, you will meet your teachers and the others students.

Everyone will take turns moving and introducing themselves.



During class we will use chairs and barres to help us move and balance.



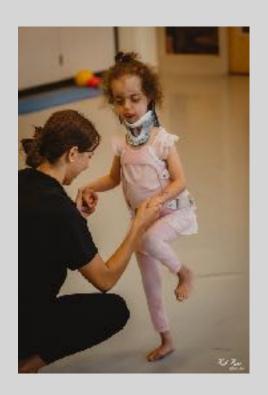


During class music will play and everyone can practice listening and moving to the music.

Sometimes you will use musical instruments to dance with the music.

If the sound is too loud, you can tell the teacher.

Sometimes we will take turns dancing across the room alone or with the other dancers.

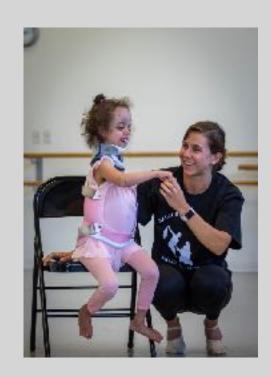




If you feel thirsty, you can ask the teacher to get a drink of water.

During class, the teachers will explain the classroom rules. You can watch the teachers and listen to their directions.

The teachers will help you if you have questions.





## The End of Class

The teacher will let you know when class ends and tell you when to exit the classroom.

If you had fun, you can come take more classes!